

# EMS Instructor Update Saturday, Feb. 19, '11

## ODEMSA REGION

Henrico Fire Training Center (HTC)  
7701 E. Parham Rd  
Henrico (Richmond), VA 23294  
ROOMS # 2031/2032

Time: 9:00 AM to 1:00 PM

### Directions to the update:

#### From points East (Norfolk, Williamsburg) (via I-64 West):

1. Take I-64 West toward Richmond, merge onto I-95 North briefly then take Exit #79 to rejoin I-64 West.
2. Take EXIT #181B to Parham Road North
3. Travel North on Parham - 1.5 miles.
4. Turn RIGHT onto Shrader Rd
5. Take the first LEFT into Parking Area
6. Park in large lot on the RIGHT

#### From points West (via I-64 East):

1. Take I-64 East toward Richmond.
2. Take EXIT #181 (Parham Road North)
3. At the stoplight at the top of the ramp, turn LEFT onto Parham Rd
4. Travel North on Parham - 1.7 miles.
5. Turn RIGHT onto Shrader Rd
6. Take the first LEFT into Parking Area
7. Park in large lot on the RIGHT

#### From points North (via I-95 South):

1. Take Interstate 95 South toward Richmond.
2. Right after the I-295 interchanges, Take Exit #83B (Parham Rd West)
3. Drive on Parham Road - 4.7 miles
4. Turn LEFT onto Shrader Rd
5. Take the first LEFT into Parking Area
6. Park in large lot on the RIGHT

#### From points South (via I-95 North):

1. Take I-95 North and EXIT onto I-64 West.
2. Take EXIT #181B to Parham Road North
3. Travel North on Parham - 1.5 miles.
4. Turn RIGHT onto Shrader Rd
5. Take the first LEFT into Parking Area
6. Park in large lot on the RIGHT

